

*** Exclusive Offer for Pinellas County Government Employees**

Exercise Your Full Potential

If you are looking for the place to accomplish your fitness goals, then look no further than the BayCare Wellness Centers! Our 3 BayCare Wellness Centers are now offering Fitness Memberships for those individuals wanting state-of-the-art facilities where cleanliness, top notch staff and the latest amenities are at your finger tips. Conveniently located throughout Pinellas County, Fitness Members can enjoy exercising on a whole new level:

- Extended hours Monday through Friday (4am-11pm) and 6am-8pm on Saturdays and Sundays.
- State-of-the-art equipment for all your cardiovascular and strength training needs including free weights.
- Supervised Exercise Floor, with specialists available to answer questions.
- Over 50 group exercise classes each week with experienced and high-energy instructors: Yoga, Pilates, Zumba, Ballet Training, Total Body Toning and a Cycling theater with a very unique added video element as part of the class experience.
* *classes vary per location*
- Luxury Locker Rooms with free Towel Service.
- Access to all 3 BayCare Fitness & Wellness Center locations.
- Licensed, Registered Dietician available for your exercise dietary needs.
- Extra amenities include: a Kids Zone, Massage Therapy, Personal Training, Kinesis Fitness Classes, TRX Suspension Training and Private Nutrition Consultations.
* *some services vary per location*
- A la carte services include: a Comprehensive Fitness Assessment with a Fitness Specialist. (This fitness specialist and wellness coach will be available to answer your questions any time throughout the duration of your membership); Annual yearly blood work screening and on-site blood pressure testing during your workouts; and participation in ActivTrax, a web based program that creates workouts based upon specific needs & goals.

Reduced enrollment & monthly fees for Pinellas County Government Employees

Fitness Membership	Enrollment Fee	Monthly Fee (tax included)
INDIVIDUAL	\$0	\$35.00
DUAL	\$0	\$65.00
FAMILY	\$0	\$95.00

PROOF OF EMPLOYMENT NEEDED AT TIME OF SIGN-UP!

For more information call or stop by for a tour!
Carillon Wellness Center (727) 502-4444
Cheek-Powell Wellness Center (727) 462-7685
Palm Harbor Wellness Center (727) 772-2222

Cheek-Powell Wellness Center
 Morton Plant Hospital
 455 Pinellas St., Suite 100
 Clearwater, FL 33756

Palm Harbor Wellness Center
 32672 U.S. Highway 19 N.
 Palm Harbor, FL 34684
 MM7067/MM8266/MM15153

Carillon Wellness Center
 900 Carillon Parkway
 St. Petersburg, FL 33716

 **Morton Plant Mease**
 Wellness Centers
 BayCare Health System

 **St. Anthony's**
 Carillon Wellness Center
 BayCare Health System

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